



Addiction is a manifestation of an identity crisis, a result of a defective belief system and a lack of identity. But changing that belief system must begin with removal of the drug and in some cases, withdrawal. Unfortunately, in my opinion, until the brain chemistry has balanced, a pattern of sane thinking or the ability to actualize new beliefs is extremely limited, if not impossible. Complete removal of toxins from the system must happen first before normal brain function resumes and thinking can change.

Recovery is not just about stopping drinking or drugging, it's about CHANGE, becoming the opposite person to who you were before. Romans 12:2 says that we become transformed by the renewal of our minds. In other words, renewing the way that we think. Changing the way that we think results in changing the way that we behave. The word "transformed" here refers to a metamorphosis. In other words, to change into something else that we ALREADY ARE.

A caterpillar goes through a metamorphosis that takes a certain amount of time and energy to become a butterfly. It can be argued that it's not a butterfly until the metamorphosis has completed, but think closer. All the knowledge and ability that is needed to transform is contained within the little worm already. The transformation is triggered by seasonal change and it automatically enters into the metamorphosis on its own accord and later a beautiful butterfly emerges. One fact that is extremely interesting in this example from nature is that if the butterfly is assisted in any way from the outside by breaking the cocoon, the wings of this splendid creation will not form properly. The energy which is used to break open the cocoon must be used by the butterfly itself or it will "fail to launch". It will not complete its metamorphosis, its wings will not form properly and it will not be able to fly. The knowledge of who we really are is already inside of us, in every fibre of our being down to cellular level. Our DNA has memory. It knows, it remembers and it listens or records and stores knowledge, memories and decisions.

— In the book of Genesis 1:26 & 27, we learn that we are created or patterned in God's own image and likeness. In Genesis 2 we learn that God put His very essence into us and we became a living being or soul, in other words His identity or perspective or view and opinion was put in us and we

began to BE like Him having the same quality of life that He has. We weren't however made omnipotent, omnipresent or omniscient i.e. we weren't made all powerful, everywhere at the same time and knowing all things. We were made LIKE Him — but NOT HIM. We were made like Him with His perspectives, logic, view and opinion with the ability to have the same quality of life which He has, but not knowing everything, with the ability to create with our imaginations, dreams and choices.

— And so, with this limited ability, He warned us about partaking of another knowledge with the fruit of or result being death. Some argue that a spiritual death took place or that He removed Himself from us, I beg to differ. The death of an identity took place. Whilst we lived within the boundaries of His logic, perspectives and view and opinion there was completeness. We experienced no lack. Within the boundaries of another knowledge the result of being complete like God cannot exist. To consider or adopt or believe anything outside of what God's view and opinion is, is incompleteness or sin in its original form. We miss the mark, lose the plot or forget who we ALREADY ARE. When we believe that we lack anything, we desire it. When asked what original sin is, most Christians will immediately say “disobedience”.

— Again, I beg to differ. Look closer. Genesis 3:7 “you will not surely die for if you eat this, you will be like God knowing good and evil”. Some would say original sin would be that we wanted to be like God. That is right but missing the mark. The statement “you will be like God” implies that we are not like God. A lie. Because in knowing good and evil”. Some would say original sin would be that we wanted to be like God. That is right but missing the mark. The statement “you will be like God” implies that we are not like God. A lie. Because in the previous verses we have already learned that we were patterned after HIM. God Himself says, “Let us make man in our likeness”, and later He puts Himself in us. Adam only wanted to be like God because he believed a lie, that he was not like God. Adam missed the mark. He lost his perspective. His identity was already complete and by partaking of that lie, or other knowledge it resulted in the spiritual death of man. We forgot who we were. The key to freedom, peace and joy

To put the world in order, we must first put the nation in order; to put the nation in order, we must put the family in order; to put the family in order, we must cultivate our personal life; and to cultivate our personal life, we must first set our hearts right. - Confucius